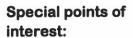
Iowa Valley Tiger Tracks

Education: A Community Partnership

www.iowa-valley.k12.ia.us

Volunteerism: Giving to Others



- Jan. 1 No School Winter Break
- Jan. 2 No School Professional Day
- Jan. 13 Speech Friends & Family Preview
- Jan. 16 1 pm
 Early Dismissal
- Jan. 19 Large Group Speech Contest
- Jan. 30 Jr.-Sr.
 High Parent
 Teacher Conferences

Notice to all parents/guardians.

The Iowa Application for Free & Reduced Price School Meals/ Milk is available for you to pick up from the following locations: Elementary Principals office, Jr.-Sr. High School Principals office, the Central Office or print from the school's website.

If you have completed



by Donita Joens, IVCSD Superintendent

At some point in time, we have volunteered for our neighbors, community, scouting group, school, civic/service organization, or something similar. More than one billion volunteers can be found globally. Everyone has a different reason why they volunteer their time and talents. For some, they might volunteer to help the needy or those living in poverty. Other reasons might be to improve environmental issues, reduce social exclusion, improve the well being of a community, or to improve the quality of life for others. Mahatma Gandhi said, "The best way to find yourself is to lose yourself in the service others." How true his words are. When one gives, he/she receives.

"Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote everyday about the kind of community you want to live in." (author unknown) We live in Iowa where there are countless volunteers because they want their communities to be a place where others feel safe, valued, cared for, and are forward thinking. Taking care of each other is just second nature to most Iowans.

A couple of weeks ago, my husband experienced the work of our North English QRS volunteer, Steve Hester, magical help from

spectators in the stands, and the Iowa County EMS service. Being about 30 minutes from the nearest hospital, we are eternally grateful to their care and expertise in our moment of crisis. Think of the thousands of other people they have helped in years past. The QRS team, Steve Hester, Ruby Pierce, Katelin Yoder, Amy Westfall, Stacy McMann, and the Iowa County EMS team are pillars of giving, kindness, and caring. Thanks to every volunteer in our area for making our communities a better place to live, work, and enjoy! Happy Holidays!

SWITCH in 4th Grade

In January, our 4th grade students will be participating in SWITCH. Our school will receive a grant to educate, support, and encourage students in making more healthy choices. SWITCH is provided through funding from Iowa State University and the Iowa State University Extension and Outreach offices. SWITCH is a program that stands for, "School Wellness Integration Targeting Child Health." The program focuses on helping students achieve healthy amounts of physical activity,

screen time, and fruit and vegetable consumption. The slogan for the program is, "switch what you do, view, and chew!" Each week throughout the program students are focuses on one of the three goals. During a do week, the students goal is to get 60 minutes or more of physical activity a day. The goal for the view week is to switch down to 2 hours or less of recreational screen time a day. The goal during chew week is for the students to consume up to 5 or more servings a fruit or

vegetables a day. The students track their progress throughout this program. They are able to earn trinkets each week if they can achieve the goals.

Curtis McAtee

	BUS #8 – JACK PATTERSON		
	N Ave & Hwy 6 lowa Valley Trailer Court 190 th St & M Ave 210 th St & M Ave 160 th St. & M Ave Plus all regular stops on these roads only		
BUS #14 – RICK FRIMML			
	190th St & M Ave (see bus #8) Junction of Hwy 6 & H Ave Junction of Hwy 6 & HH Ave Junction of Hwy 6 & KK Ave Plus all regular stops on these roads only		
BUS #12 – NAOMI WARD			
	Junction of 212 & E Ave Junction of 212 & F Ave Junction of 212 & G Ave (V52) Junction of 212 & H Ave Car Wash Stop Plus all regular stops on these roads only		
BUS #5 – DARRELL HAACK			
	F15 Blvd & L Ave Junction of L Ave & 107 th St (PM Only) Junction of F15 & PP Ave Junction of F15 & O Ave Junction of F15 & MM Ave Plus all regular stops on these roads only		

PICK-UP 7:05 7:10 7:25 7:35 7:45	DROP-OFF 3:25 3:30 3:40 3:45 3:50	
7:25 7:50 7:52 7:57	3:40 3:30 3:28 3:25	
7:30 7:35 7:40 7:45 7:55	3:45 3:40 3:35 3:30 3:20	
7:35 7:50 7:55 8:00	3:30 3:35 3:40 3:45 3:50	



Professional Learning: Literacy, Writing & Language Objectives

Students today have a whole different way of communicating than they did even ten years ago.

Between Instagram, Twitter, iPhones, Facebook, and many other forms of communication, that this educator is quickly out of touch with, students have learned a different way to write and converse.

There are five English Language Arts (ELA) standards: reading, writing, speaking, listening, and language. Writing and speaking are two of the language arts standards that teachers are expected to make sure students are learning, but seem to have changed the most over the years. With technology and social media being in the forefront of how young adults and kids communicate, educators are constantly trying to keep up.

At the elementary building, teachers are trying to find ways to incorporate writing skills into an already full schedule. Through Professional Learning Collaborations (PLC) and grade level conversations, teachers are finding unique and engaging ways to develop their writing curriculum. All of the ELA standards are found in all content areas, so writing becomes an important focus in Social Studies, Science and even Math. We have also been discussing writing goals across grade levels, because students need specific writing standards at each grade level so they can build on these skills and become better writers as they progress from elementary to middle and high school.

Then at the middle and high school building, teachers (in any content) help students realize their language objectives. Students need to learn to write a lab in science, or perform an historical speech in social studies, or even read/write a math problem and communicate to the class how they arrived at their answer. All of these examples of language objectives that all students must be able to do to communicate with their peers or adults.

It doesn't matter which direction our students plan go (college, going right into the work force, or starting a family) they need to be able to read, write, speak, listen, and know the language that gets them there.

Submitted by Patty Miles (Iowa Valley K-12 Instructional Coach)