

# Iowa Valley Breakfast Menu grades 7-12 for January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Menu is subject to change	Milk, Juice and Fruit are part of the meal	1 NO SCHOOL	2 NO SCHOOL	3 Pancake Sausage Bites Or Cereal, Yogurt	4 Bacon Egg Breadstick Or Cereal, Yogurt	5
6	7 French Toast Bites Or Cereal, Yogurt	8 Omelet, Toast Or Cereal, Yogurt	9 Cinnamon Sugar Long John Or Cereal, Yogurt	10 Sausage Breakfast Pizza Or Cereal, Yogurt	11 Bacon Egg Scramble Pizza Or Cereal, Yogurt	12
13	14 Pancake Bites Or Cereal, Yogurt	15 Omelet, Toast Or Cereal, Yogurt	16 Cinnamon Sugar Donut Or Cereal, Yogurt	17 Breakfast Sausage Stick Or Cereal, Yogurt	18 Bacon Egg Breadstick Or Cereal, Yogurt	19
20	21 French Toast Bites Or Cereal, Yogurt	22 Omelet, Toast Or Cereal, Yogurt	23 Cinnamon Sugar Long John Or Cereal, Yogurt	24 Sausage Breakfast Pizza Or Cereal, Yogurt	25 Bacon Egg Scramble Pizza Or Cereal, Yogurt	26
27	28 Pancake Bites Or Cereal, Yogurt	29 Omelet, Toast Or Cereal, Yogurt	30 Cinnamon Sugar Donut Or Cereal, Yogurt	31 Pancake Sausage Bites Or Cereal, Yogurt	This institution is an equal opportunity provider	