

# Iowa Valley Lunch for February 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Menu is subject to change	All Grains are Whole Grain. Milk is with every meal	Lettuce served daily Jr.-Sr. High extra fruit daily	1 Breaded Mozzarella Sticks Marinara Sauce Country Trio Veggies Fruit	2 Italian Sub Green Beans Tomato Slices Chips & Salsa Peaches	3 Cheeseburger French Fries Strawberry Cups	4
5	6 Pizza Coleslaw Pineapple	7 Chicken & Gravy Mashed Potatoes Pears Dinner Roll Snack Crackers	8 Sloppy Joe/Bun Cooked Carrots Mandarin Oranges	9 Turkey & Cheese/Bun Baked Beans Mixed Fruit	10 Taco Meat Soft Shell, Cheese Salsa, Cherry Tomatoes Chips, Apple	11
12	13 Chicken Nuggets Baby Carrots Stuffing Dried Cherries	14 Jr-Sr Cookie Cheddarwurst/Bun Sweet Potato Fries Watermelon Frozen Juice	15 Egg & Sausage/Bun Tator Tots Juice	16 Turkey & Gravy Mashed Potatoes Applesauce, Cherry Star Juice, B&B Sandwich	17 Jr-Sr Breaded Chicken Filet Elem Salisbury Steak/ Bun, ALL: Baked Beans, Tropical Fruit	18
19	20 Chicken Fajita Shell, Jr-Sr: Doritoes Cheese, Salsa Baby Carrots Peaches	21 Goulash Celery/PB Garlic Knot Pineapple	22 Bosco Sticks Marinara Sauce Corn Apricots	23 Pulled Pork/Bun Baked Beans Fruit	24 PBJ Uncrustable Beef Stick Chips Apple, Mango Wango Juice Jr-Sr Cheese Stick	25
26	27 Mini Corn Dogs Baked Beans Apple Crisp	28 Breaded Pork/Bun Green Bean Casserole Mixed Fruit				This institution is an equal opportunity provider