

Iowa Valley Menu For January 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Elementary Alternate: Cheese/Bun	1 No School	2 No School	3 Grilled Chicken/Bun Corn Mixed Fruit	4 Chili Dilly's Carrot Sticks Mini Chocolate Chip Cookies Pineapple	5 Cheddarwurst/Bun Sauerkraut Veggies Peaches Cereal Bar	6
7 Elementary Alternate: PB Sandwich	8 Chicken Drumsticks Cooked Carrots Stuffing Strawberries	9 Ham & Cheese Sand- wich Baked Beans Tropical Fruit	10 Pizza Red Bell Pepper Strips Coleslaw Apple	11 Hamburger/Bun Au Gratin Potatoes Peaches Snack Crackers	12 Breaded Mozzarella Cheese Sticks Green Beans Apricots	13
14 Elementary Alternate: Cheese/Bun	15 No School	16 BBQ Chicken/Bun Fresh Broccoli Fruit Cocktail	17 Hot Pork Gravy/Mashed Potatoes B & B Sandwich String Cheese Applesauce	18 Taco Meat, Tortilla Chips Cheese, Salsa, Diced Tomatoes, Goldfish Banana	19 Turkey Sandwich BBQ Beans Mandarin Oranges	20
21 Elementary Alternate: PB Sandwich	22 Chicken Nuggets Baked Beans Apple Slices Brownie	23 Egg & Sausage/Bun Tri-tators O.J. Granola Bar	24 Pizza Bites Cauliflower & Cheese Mixed Fruit	25 Sloppy Joe/Bun Baby Carrots Pineapple	26 Cheese Filled Bread- sticks, Marinara Sauce Corn Peaches	27
28 Elementary Alternate: Cheese/Bun	29 Garlic Cheese Bread Green Beans Spiced Apples	30 Hamburger Gravy/ Mashed Potatoes PB Sandwich Tropical fruit	31 Large Corn Dog BBQ Beans Oranges	Menu is subject to change Late Start no alternate at elementary	Two fruits & lettuce are offered daily Buns are Whole Grain. Milk is offered with every meal	This institution is an equal opportunity pro- vider