

Iowa Valley Menu For November 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Menu is subject to change Late Start no alternate at elementary		Elementary Alternate: Cheese/Bun	1 Breaded Chicken/Bun Tomato Slices Cauliflower & Cheese Sauce Applesauce	2 Cheese Filled Breadstick Marinara Sauce Baby Carrots Apple	3 No School	4
5 Elementary Alternate: Peanut Butter Sandwich	6 Chili Dilly Fritos Baby Carrots Snack Crackers Mixed Fruit	7 Gilled Chicken BBQ Beans Oranges	8 Hamburger Gravy Mashed Potatoes B & B Sandwich Pineapple	9 Breakfast Sandwich Tri-Tator Orange Juice Granola Bar	10 Pizza Bites Red Pepper Strips Peaches	11
12 Elementary Alternate: Cheese/Bun	13 Chicken Drumsticks Baked Beans Stuffing Mandarin Oranges	14 BBQ Beef/Bun Corn Spiced Apples	15 Salisbury Steak/Bun Au Gratin Potatoes Tropical Fruit	16 Beef & Bean Burrito Salsa Key West Vegetables Banana	17 Hot Ham & Cheese/Bun Cherry Tomatoes Pears Chocolate Pudding	18
19 Elementary Alternate: Peanut Butter Sandwich	20 Stuffed Crust Pizza Cole Slaw Orange Lime "Pumpkin Cup"	21 BBQ Chicken/Bun Peas & Carrots Apricots	22 No School	23 No School	24 No School	25
26 Elementary Alternate: Cheese/Bun	27 Chicken Fajita, Shell Cheese, Salsa, Diced Tomatoes, Spanish Rice Fruit Cocktail	28 Turkey Sandwich BBQ Beans Strawberry Cups	29 Poor Man's Pizza Baby Carrots Applesauce	30 Pulled Pork French Fries Mandarin Oranges	Two fruits & lettuce are offered daily Buns are Whole Grain. Milk is offered with every meal	This institution is an equal opportunity provider