

Iowa Valley Lunch Menu for February 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
This institution is an equal opportunity provider	Menu is subject to change Late Start no alternate at elementary	Two fruits & lettuce are offered daily Buns are Whole Grain. Milk is offered with every mea			1 Shrimp Poppers PBJ Uncrustables Cucumber Slices Spiced Apples	2
3 Elementary Alternate: PB Sandwich	4 Chicken Fajita Meat Shell, Cheese, Salsa, Diced Tomatoes, Snack Crackers, Applesauce	5 Country Fried Beef Pattie/Bun BBQ Beans Orange	6 Sloppy Joe/Bun Cooked Carrots Tropical Fruit	7 Garlic Cheese Bread Marinara Sauce Green Beans Apricots	8 Ham Sandwich Smiley Potatoes Fruit Cocktail	9
10 Elementary Alternate: Cheese Sandwich	11 Spaghetti & Meat Sauce Garlic Breadstick Pineapple	12 Cheeseburger/Bun Fresh Broccoli Chips, Tomato Slices Pears	13 Chili Dillys, Fritos Baby Carrots Mixed Fruit Chortles	14 Chicken Drumstick Mashed Potatoes Rosy Applesauce Cookie	15 NO SCHOOL	16
17 Elementary Alternate: PB Sandwich	18 Mini Corn Dogs Baked Beans Peaches	19 Breaded Chicken Pattie/Bun Green Bean Casserole Mandarin Oranges	20 Cheese Filled Breadstick, Marinara Sauce Baby Carrots Cherry Crisp	21 Chicken Tenders Corn B&B Sandwich Banana	22 Turkey & Cheese Sandwich, Sweet Potato Fries Fruit Cocktail	23
24 Elementary Alternate: Cheese Sandwich	25 Pizza Carrot Sticks Applesauce	26 Hot Beef, Mashed Potatoes B&B Sandwich Pineapple	27 Mr. Rib/Bun BBQ Beans Apple Funyuns	28 BBQ Chicken/Bun Broccoli & Cheese Sidekicks Pears		