

Iowa Valley Lunch Menu for February 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Elementary Alternate: Cheese/Bun				1 Breaded Chicken/Bun Tomato Slices Savory Carrots Pears	2 Breaded Pork/Bun Sweet Potato Fries Apricots	3
4 Elementary Alternate: PB Sandwich	5 Stuffed Crust Pizza Baby Carrots Fruit Cocktail	6 Salisbury Steak/Bun Winter Mix Veggies Applesauce	7 Chicken Strips Cherry Tomatoes Spanish Rice Mandarin Oranges	8 Hot Dog/Bun Smiley Potatoes Blueberries Cheezits	9 Shredded Beef/Bun Baked Beans Mixed Fruit	10
11 Elementary Alternate: Cheese/Bun	12 Chicken Dressing/Bun Green Beans Strawberry Cups	13 Shrimp Poppers Country Trio Veggies Pineapple	14 Mac & Cheese Baked Beans Peaches	15 Walking Tacos, Chips Taco Meat, Cheese, Salsa, Diced Tomatoes, Tropical Fruit Mini Chocolate Cookies	16 Fish Nuggets Cheesy Mashed Potatoes Spiced Apples Dinner Roll	17
18 Elementary Alternate: PB Sandwich	19 Meat Sauce & Pasta Garlic Breadstick Baby Carrots Pears	20 Creamed Chicken/ Mashed Potatoes B & B Sandwich Apricots	21 Hot Ham & Cheese BBQ Beans Fruit Cocktail Rice Krispie Treats	22 Cheeseburger/Bun Cooked Carrots Cheddar Chex Mix Banana	23 French Toast Yogurt O.J. Tri-Tator	24
25 Elementary Alternate: Cheese/Bun	26 Chicken Fajita Shell, Cheese, Salsa, Diced Tomatoes Applesauce Muffin	27 Country Fried Beef Patti/Bun Baked Beans Mixed Fruit	28 BBQ Pork/Bun French Fries Oranges	Menu is subject to change Late Start no alternate at elementary	Two fruits & lettuce are offered daily Buns are Whole Grain. Milk is offered with every meal	This institution is an equal opportunity provider