

Iowa Valley Community (IVC) Fitness Center

Rules and Guidelines for **students** using the Fitness Center during **non-school** hours:

THE FOLLOWING RULES ARE PART OF THE FITNESS AGREEMENT SIGNED BY ALL ADULT USERS AND ARE GENERALLY APPLICABLE TO ALL STUDENTS.

Student guidelines:

1. You must be a registered user of the fitness area by completing the Membership Agreement. Registered users are permitted to be accompanied by an occasional guest. A registered user is considered an adult who is 18 and older. High school students are not eligible to be registered users until they have graduated and all summer sports seasons have been concluded.
2. The fitness room is restricted to the registered user. A registered user must supervise students in grades 9-12. Absolutely no children in 8th grade or under allowed in the fitness room at any time.
3. Users must wipe down the fitness equipment and surrounding areas after use.
4. A separate set of clean athletic shoes must be worn in all fitness areas.
5. The fitness center may periodically be closed for physical education classes.
6. Abuse of these policies and the fitness facility may result in loss of privileges.

ADDITIONAL GUIDELINES FOR STUDENTS

Students using the fitness center and track must be accompanied by their parent/guardian. The parent/guardian must be a registered user of the Fitness Center and be physically present with their student(s) during the entire length of the fitness center visit. A registered user and their student(s) are permitted to bring one student guest, in grades 9-12, that is not a sibling to the center per visit.

High school students are not eligible to be registered users until they have graduated and all summer sports seasons have been concluded.

Students must understand that they will be expected to dress appropriately and conduct themselves in a respectful manner. Appropriate dress includes shirts for all users and clothing that is appropriate to be worn in a public school setting. The premises are under video surveillance at all times and you are responsible for your actions.

Parent/Guardian's Signature/Date

Student's Signature/Grade/Date